



K-8 SCHOOL MENU



BREAKFAST INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, GRAHAM CRACKERS (PAIRED WITH PARFAITS/CEREAL), & MILK
LUNCH INCLUDES ASSORTED: FRUIT, 100% FRUIT JUICE, VEGETABLES, & MILK

WEEK 2

MON

BREAKFAST 3
Pan Dulce (Concha)
Honey Cheerios, 1oz
Yogurt Parfait 🍽️

LUNCH
Corn Dog
Bean & Cheese Pupusa

SUPPER
Mini Muffin Kit*

TUE

BREAKFAST 4
French Toast Bites 🍽️
Cinn. Toast Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Hot Dog
Bean & Cheese Burrito

SUPPER
Ham & Cheese Sandwich*

WED

ALL ITEMS ARE PLANT-BASED ON WEDNESDAYS

BREAKFAST 5
Horchata Overnight Oats 🍽️
Cinnamon Raisin Bagel
Trix Cereal, 1oz

LUNCH
Kickin' Sandwiches
Strawberry PBJ Sandwich

SUPPER
PB&J Sandwich*

THU

BREAKFAST 6
Apple Cinnamon Bread 🍽️
Cocoa Puffs Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Nachos 🍽️
Galaxy Cheese Pizza

SUPPER
Turkey & Cheese Snack Kit*

FRI

BREAKFAST 7
Breakfast Tamale 🍽️
Chocolate Chip Muffin Top
Yogurt Parfait 🍽️

LUNCH
Teriyaki Chicken & Rice Bowl
Max Sticks

SUPPER
Pretzel Snack Kit*

WEEK 1

10
NO SCHOOL 2/10
holiday

BREAKFAST 11
Cosmic Confetti Waffle 🍽️
Honey Cheerios, 1oz

LUNCH
Mac & Cheese
Breaded Chicken Drumstick
Dinner Roll

SUPPER
Mini Muffin Kit*

BREAKFAST 12
Horchata Overnight Oats 🍽️
Blueberry Bagel
Cocoa Puffs Cereal, 1oz

LUNCH
Kickin' Nuggets w/ Corn
Strawberry PBJ Sandwich

SUPPER
PB&J Sandwich*

BREAKFAST 13
Banana Choc. Chip Bread 🍽️
Cocoa Puffs Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Crunchy Tacos 🍽️
Italian Pull-Aparts with Cheese

SUPPER
Tortilla Chips Kit*

BREAKFAST 14
Breakfast Tamale 🍽️
Cinnamon Rolls
Yogurt Parfait 🍽️

LUNCH
Heart-Shaped Nuggets w/ Corn
Cheez Its

SUPPER
Pretzel Snack Kit*

WEEK 2

17
NO SCHOOL 2/17
holiday

BREAKFAST 18
Pan Dulce (Concha)
Honey Cheerios, 1oz

LUNCH
Corn Dog
Bean & Cheese Pupusa

SUPPER
Mini Muffin Kit*

BREAKFAST 19
Horchata Overnight Oats 🍽️
Cinnamon Raisin Bagel
Trix Cereal, 1oz

LUNCH
Kickin' Sandwiches
Strawberry PBJ Sandwich

SUPPER
PB&J Sandwich*

BREAKFAST 20
Apple Cinnamon Bread 🍽️
Cocoa Puffs Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Nachos 🍽️
Galaxy Cheese Pizza

SUPPER
Turkey & Cheese Snack Kit*

21
STUDENT FREE DAY 2/21

WEEK 1

BREAKFAST 24
Cosmic Confetti Waffle 🍽️
Honey Cheerios, 1oz
Yogurt Parfait 🍽️

LUNCH
Mac & Cheese
Breaded Chicken Drumstick
Dinner Roll

SUPPER
Mini Muffin Kit*

BREAKFAST 25
Pancakes Bites 🍽️
Cinn. Toast Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Meatballs w/ Marinara
& Garlic Breadstick
Grilled Cheese Sandwich

SUPPER
Turkey & Cheese Sandwich*

BREAKFAST 26
Horchata Overnight Oats 🍽️
Blueberry Bagel
Cocoa Puffs Cereal, 1oz

LUNCH
Kickin' Nuggets w/ Corn
Strawberry PBJ Sandwich

SUPPER
PB&J Sandwich*

BREAKFAST 27
Banana Choc. Chip Bread 🍽️
Cocoa Puffs Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Crunchy Tacos 🍽️
Italian Pull-Aparts with Cheese

SUPPER
Tortilla Chips Kit*

BREAKFAST 28
Breakfast Tamale 🍽️
Cinnamon Rolls
Yogurt Parfait 🍽️

LUNCH
Hamburger or Cheeseburger
Galaxy Cheese Pizza

SUPPER
Pretzel Snack Kit*

WEEK 2

MAR 3

BREAKFAST
Pan Dulce (Concha)
Honey Cheerios, 1oz
Yogurt Parfait 🍽️

LUNCH
Corn Dog
Bean & Cheese Pupusa

SUPPER
Mini Muffin Kit*

MAR 4

BREAKFAST
French Toast Bites 🍽️
Cinn. Toast Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Hot Dog
Bean & Cheese Burrito

SUPPER
Ham & Cheese Sandwich*

MAR 5

BREAKFAST
Horchata Overnight Oats 🍽️
Cinnamon Raisin Bagel
Trix Cereal, 1oz

LUNCH
Kickin' Sandwiches
Strawberry PBJ Sandwich

SUPPER
PB&J Sandwich*

MAR 6

BREAKFAST
Apple Cinnamon Bread 🍽️
Cocoa Puffs Cereal Bar, 1oz
Yogurt Parfait 🍽️

LUNCH
Nachos 🍽️
Galaxy Cheese Pizza

SUPPER
Turkey & Cheese Snack Kit*

MAR 7

BREAKFAST
Breakfast Tamale 🍽️
Chocolate Chip Muffin Top
Yogurt Parfait 🍽️

LUNCH
Teriyaki Chicken & Rice Bowl
Max Sticks

SUPPER
Pretzel Snack Kit*

KEY:
🍽️ = HOMEMADE ELEMENTS
🌱 = NEW
👉 = GRAB & GO
🐷 = CONTAINS PORK

SAUSD SUPPORTS LOCAL CALIFORNIA FAMILY FARMS.
SELECT DAYS WILL FEATURE FARM FRESH PRODUCE.



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